# Ludocharacter Resonance: Documenting Queer Play Strategies in Tabletop Role-Playing Games

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### INTRODUCTION

Research on tabletop role-playing games (TTRPG/s) is a relatively small area of wider game studies literature given the recent widespread popularity of titles such as *Dungeons & Dragons* (5<sup>th</sup> Edition, Wizards of the Coast 2014). Even smaller still is the intersection of TTRPG research with lenses such as queerness; while some scholarship has illuminated issues of queer and intersectional representation in TTRPGs, as TTRPG designer Avery Alder (2013) posits, "we need to queer more than just the cover art in order to be talking about queer games." This sentiment similarly applies to research around TTRPGs: queerness is not merely (nor often) found in the pages of sourcebooks, but in the action of play that breathes life into them.

Shaw & Ruberg's paradigm of queer game studies (2017) encapsulates this understanding, yet is primarily focused on the application of queer theory, intersectional lenses, and the action of queering play to video game scholarship. I have argued this thinking can also more broadly be applied to TTRPG research (Morris 2024) to analyse how players queer TTRPGs through play, with a particular focus on character design and role-play. While a variety of documented methods of queering video and digital games exists,<sup>2</sup> there are no studies that document specific queer play methods (which I have termed *queer play strategies*) in TTRPG play. This is a relatively novel approach to TTRPG research,<sup>3</sup> where recent focus has placed emphasis on queerness in game design.<sup>4</sup>

The aim of the present study is to document and identify ways which queer players transform TTRPG play through various queer play strategies. This is part of my ongoing PhD research, which is concerned with examining how the action of queering might transform TTRPG play and players. Informed by the paradigm of queer game studies (Shaw & Ruberg 2017) and a hybrid theoretical perspective of symbolic interactionism (Blumer 1969; Mead 1934) and Butlerian performativity theory (Butler 1993), this study was a narrow but necessarily deep exploration into

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how a player engaged in queer play over a sustained period. Using queer and qualitative autoethnographic methods (Jones & Adams 2010), the transformative fixed and fluid understandings of the reflexive self produced as part of the research (Boll 2024; Chang 2008; Custer 2014) were embraced to better understand how queer play could be transformative of not only the play experience, but players themselves. Autoethnographic data was collected from February 2024 to July 2025 from a weekly *Dungeons & Dragons* campaign I played in through a mixture of field notes, various transcripts, and memos. The data was then analysed using Critical Thematic Analysis methods (Lawless & Chen 2018) and interdisciplinary lenses including queer theory, feminist studies, masculinity studies, crip theory, and media studies to identify relevant queer play strategies. In a subsequent study, these findings were discussed with other players from the same campaign through semi-structured interviews to confirm and further findings.

The results showed that a wide range of queer play strategies could be identified from sustained long-term TTRPG play. Some of these linked clearly to existing queer play methods in video game-centric queer game studies, such as 'playing to lose' or 'playing for the purposes of no fun' (Ruberg 2015, 2019). However a large range of novel queer play strategies were also identified, ranging from 'leaning into vocal and/or symbolic dissonance during play' to 'developing queer ethics of care beyond violence and heroism.' Importantly, intersectional queer play strategies were also identified, such as 'queer crip play' and 'playing to heal,' both of which were used to explore ways in which disability could be experienced and felt bodily in TTRPG play experiences.

A major theme identified across these strategies was the novel concept of ludocharacter resonance. Drawing from the well-known concept of ludonarrative dissonance (Hocking 2007), which describes the disruptive phenomena in video games when the mechanics and narrative clash dissonantly and may disrupt the overall experience, ludocharacter resonance can be applied more broadly to any character-based game. Ludocharacter resonance occurs when the build and mechanics of the character (such as ability scores or class features in a Dungeons & Dragons context) reinforce the backstory and personality of the character, and vice versa. By leaning into ludocharacter resonance, which might utilise queer play strategies like designing a character to fail, authentic and engaging characters can be created and played that can be related to around the table resulting in a transformative play experience, as findings demonstrate. This is one example of a major contribution from this study. Other contributions include the cataloguing of a wide range of novel TTRPG-focused queer play strategies and the rich theoretical language used to describe them. Ideally, this research should encourage further exploration into intersectional queer play strategies identified in TTRPG play, and the transformative potential of such.

### **BIO**

Emily Morris (she/they) is a queer designer, Teaching Fellow, tutor, and full-time PhD Candidate at Te Herenga Waka—Victoria University of Wellington's Te Kura Hoahoa—School of Design in Aotearoa New Zealand. Their academic interests are interdisciplinary, highlighting queer theory, feminist studies, (tabletop role-playing) game design, play, visual narratives, fan studies, crip theory, and transformative works, alongside design studies more broadly. Her upcoming games can be found at Splice of Life Games, and her academic blog can be found at Queer TTRPG Studies.

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### **ENDNOTES**

- 1 See: Carter 2022; Sihvonen & Stenros 2018; Stenros & Sihvonen 2015.
- 2 See: Chang 2015, 2017; Galloway 2006; Halberstam 2017; Juul in Ruberg & Shaw 2017; Lauteria 2012; Ruberg 2015, 2018, 2019; Sundén 2009.
- 3 Sihvonen & Stenros (2019a) have elsewhere discussed the role of queering play in role-playing games (RPG/s) but are primarily interested in queer play "produced in game spaces through game design and player action" (116). My research is less concerned with how RPG design may/may not facilitate queer play, but rather how players queer TTRPG play themselves through a combination of mechanic-based and role-play actions rooted in character performance.
- 4 See: Alder & St Patrick 2013; Berge 2021; Morris 2022; Sihvonen & Stenros 2019b.

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